

Employee Wellness Programs



Services & Programs Offered

- On-site Employee Health Fairs
- Employee Educational Workshops (i.e., employee assistance, wellness, financial, 401(k), Social Security, retirement planning, etc.)
- Onsite Biometric Testing
- Online Health Risk Assessments
- Onsite Annual Flu Shots
- Educational Classes for Healthy Cooking
- Weight Loss Programs
- Smoking Cessation Programs
- Fitness Incentive Contests

Wellness can be a way of life. Show employees the way...

Show your employees the value of a healthy lifestyle. We provide to clients an annual Employee Health Fair. Health Fairs are a great way to raise awareness and encourage your employees to take positive steps towards their health.

When carefully tailored to the workforce population, wellness initiatives can be effective lifestyle programs that benefit employees and employers. Because our company cultures reflect our values, a wellness program represents an oppor-

tunity for you to define your company as one that actively promotes the healthy behavior and lifestyle choices of its employees.

Your program can offer a range of health initiatives to address the individual needs and preferences of your employees.



HOWITT
Benefit Services